# NEST Syllabus: 9th/10th Grade

## **Program Overview**

- NEST is a required class. Each NEST group consists of a cohort of students in the same grade and a certified teacher who advises the group for all four years.
- NEST will meet from 9:35 to 10:00 a.m. on Wednesday, and from 9:40 to 11:10 a.m. on Friday for grade-specific content and Office Hour Time.
- During Office Hours, all students will first go to NEST to take attendance, and students must have a prearranged Office Hours Pass in order to leave the classroom during Office Hours.
- NEST is a Pass/Fail class and earns one Career Education credit over four years (.25 per year).

**NEST** provides weekly lessons that are grade level specific to support your Personalized Learning Portfolio as well as preparing a plan for your future.

### **EPHS Diploma Credit Requirements**

- Required Classes 18.0 Credits
  - Language Arts grades 9 10 11 12 (4.0)
  - Mathematics grades 9 10 11 (3.0)
  - American Government/Economics grade 12 (.50/.50)
  - Health 1000 grade 9 (.50)
  - Health 2000 grade 9 12 (.50)
  - World History or AP European History grade 10 (1.0)
  - US History or AP US History grade 11 (1.0)
  - Fine or Applied Art Fine Arts and Career Technical Education (3.0)
  - Physical Education grade 9 (1.0)
  - Science grades 9 10 11 (3.0)
  - NEST: Nation (of Eagles) Establishing Strong Ties 1.0 Credit (.25 credit per year)
- Elective Classes 6.0 Credits
- Total Credit Requirements: 25.0 credits

# **NEST implementation plan**

Class of 2017: .25 credit (Senior NEST)

Class of 2018: .50 credit (Junior and Senior NEST)

Class of 2019: .75 credit (Sophomore, Junior, and Senior NEST)

Class of 2020: 1.0 credit (Full Implementation)

This policy will be in effect for the 2016-17 School Year.

### The EPHS NEST Program will provide:

- Personalization of a student's education by connecting his/her interests with class, school and community activities, and post high school opportunities.
- 30 minutes of curriculum and grade-specific content.

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for all four years.

• Social and emotional support and a "go-to" person for each student.

n Plan (PEP) A meaningful

for each student. Students present their PEPs

during Student-Led Conferences in November and March.

- regarding opportunities both at EPHS and in the community.
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# Office Hour Time will provide:

- 55 minutes for
- Time for students to to make up missed work.
- An opportunity for students to pridatize academic and other school-related tasks and

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and

Collaboration time for students working on class projects or independent studies.

## Oregon Career-Related Learning Standards that will be covered:

- Personal Management- Exhibit appropriate work ethic and behaviors in school, community, and/or workplace.
- **Problem Solving-**Apply decision-making and problem-solving techniques in school, community, and/or workplace.
- **Communication-**Demonstrate effective communication skills to give and receive information in school, community, and/or workplace.
- Teamwork-Demonstrate effective teamwork in school, community, and/or workplace.
- **Employment Foundations**-Demonstrate academic, technical, and organizational knowledge and skills required for successful employment.
- Career Development- Demonstrate career development skills in planning for post-high school experiences.

#### Personalized Learning Portfolio

## The following requirements to be reviewed P/F each year by NEST teacher:

- Personal Plan and Profile
  - o Career Research, ex: Headed 2, CIS
  - Living expenses exercise/sheet
  - o Interest/Career Goal
- Resume (refined every year)- on file
- Extended Application (see below) documented in Portfolio:
  - o Freshman: 5 hours
  - o Sophomore: 10 hours
  - o Junior: 20 hours
  - Senior: 15 hours (by end of first semester)
- Reflective Essay- second semester Senior year
- Student Led Conferences- 2 per year
- Organization

### Options to meet the Extended Application requirements:

- Work Study in related field
- Career and Technical Education (CTE) Certification, Project or Degree (may complete all hours requirements)
  - o FFA
  - o Skills USA
  - o 4-H
  - o MT1
  - Any Certification process through CTE pathways
- College Visits (on campus or presentation time to be counted only)
- Job Shadow/Professional Profile
  - Touring Facility
  - Interview
  - Reflection
  - Thank you note
- Career Fair (10 hours max including 8 hours prep)
  - Northwest Job Expo
  - o Careers in Gear
  - Other
- Mock Interviews
- SAT, ACT, ASVAB (max 5 hours per year)
- Participation in a TRIO workshop (max 5 hours per year)
- Volunteering in a field related to your goal
- Scholarship Application and process (max 5 hours per year)
  - Verification by Eagle Center required
- Financial Aid and/or College/Career Nights (sign in required)
  - School sponsored
  - Community sponsored
- Military Planning (5 hours max per year)
  - Presentations

<sup>\*</sup>Students will earn .25 credit per year of school for a total of 1 elective credit by the end of their Senior year.

- o Career planning meetings with recruiters
- Other: Proposals may be made to Administrative team

\*Evidence and/or logs will be required to prove the requirements are met.